

Fleetwood Fusion

***Dance for adults with & without
disabilities in Fleetwood***

***Funding Report
for Duchy of Lancaster***



Fleetwood Fusion

Fleetwood Fusion is a weekly specialist dance class for adults with disabilities from Fleetwood. The class is the flagship project of our Fleetwood Dance and Health Hub. It was established after lockdown to meet a gap in provision and support the needs of socially isolated people with disabilities. Sessions provided accessible, high quality and sociable physical activity for adults who were unable to access other provision. The demand for the group has remained and the group has expanded and full to capacity. We work with 13 adults with disabilities and their carers each week.

We welcome participants with a range of needs and with different abilities. For many of our group Fleetwood Fusion is the only physical activity they participate in regularly, with an opportunity to meet new friends whilst engaging in an activity that improves their health.

What we have achieved

- 18 weekly sessions for adults with disabilities led by x2 experienced practitioners.
- Welcomed 2 new volunteers to the team which has enabled us to increase participant numbers.
- Increased participant numbers from 13 to 16
- Launched the Lancashire Inclusion Summit 2025 for Inspira
- Performance at Affinity, Fleetwood
- Performance at Fleetwood Town Football Club for the launch of Wyre Moving More physical activity strategy.
- Welcomed Raluca Ghita, Dance Movement Therapy student from EntuziArt, Bucharest to engage in professional development.
- Secured funding to sustain the group for a further 12 months from Sport England Movement Fund
- Funds covered practitioner fees, studio space hire and travel contribution for 1 lead practitioner from outside of the district.



***Fleetwood Fusion performing at
Fleetwood Town Football Club
in May 2025***



This project has transformed Fleetwood Fusion into a vibrant community group with a significantly higher profile. Participation has increased, and the group now receives more invitations to perform both locally and regionally. As a result, members have grown in confidence and are more willing to embrace new performance opportunities. We were delighted to have been chosen to launch the Lancashire Inclusion Summit in Blackburn. This involved organising transport from Fleetwood to Blackburn and a day of activity for the group. It was a joyous and valuable opportunity for everyone involved.

The recruitment of new volunteers, supported by Wyre Disability Services, has been another key achievement. Volunteers have shared that their involvement not only benefits their own well-being but also allows them to witness the progress of group members firsthand. As participants gain confidence, they engage more creatively during the weekly sessions, which has been inspiring for everyone involved.

Since the project began, we have also established a refreshment station in the room adjacent to the studio. This space provides parents and caregivers, who are not directly involved in the sessions, with a comfortable area to relax, socialise, and build relationships with one another. This development has proved valuable for participants as well, many of whom appreciate the opportunity for greater independence.

We welcomed Raluca Ghita from Romania to join us as part of her professional development as a Dance Therapist in training. It was wonderful to share practice with Raluca and for the work we're doing here in Lancashire to be recognised for its value on the international stage.

She does more here than she does elsewhere

I like my friends

Pizza massage! That's my favourite

He knows it's Thursday when he puts on the T-shirt and gets really excited

I like the music



I like the dance with the music we do. I know the moves

I like performing and when everyone claps

I get to see my friends and it's fun

She's trying new ways of moving and following direction well

She's much more confident now and loves coming

It's lovely that they have a choice. They create using their own movements and choose their own music

I can see that he's getting on really well and enjoying it

I liked it when we got the fish out and danced in the sea

Legacy



Fleetwood Fusion meeting Strictly Come Dancing stars Nikita and Amber!

We are proud to have been running Fleetwood Fusion for five years, meeting a vital local need by providing creative and physical activities for adults with disabilities.

We are also pleased to announce that we have secured further funding from Sport England, which will support our work until July this year. In addition, Lancashire County Council has awarded funding for the Fleetwood Moves festival in 2026. As part of this exciting event, Fleetwood Fusion will develop and premiere a brand-new performance piece at the festival on 4 July 2026.

Our commitment to supporting this community remains strong, both now and in the future. To further this mission, LPM Dance has recently achieved charitable status. Becoming a charity will open up new opportunities for funding, ensuring the continued growth and sustainability of Fleetwood Fusion.