



Take Root

An Artist-Centred
Apprenticeship Programme

**June - November
2026**

Required Dates

Induction Week: 25th – 29th May

Fleetwood Moves Festival: 4th July

By the end of the programme to will have:

- Developed creative research and/or new choreographic work
- Gained experience working with specific communities and health-related contexts
- Strengthened your teaching practice and pedagogical confidence
- Built international connections and professional networks
- Engaged in a project that reflects your artistic identity and values

Fees, bursaries and support:

- Induction Week Stipend: **£450**
- R&D / Training Bursary: **£2,000**
- Rehearsal Week Fee (1 week): **£450**
- Performance Weeks Fee: **£450 per week**
- Show Days: **£160 per day**
- Expenses: Travel and subsistence covered for shadowing and training (North West-based).



An Artist-Centred Apprenticeship Programme

Take Root offers a unique, artist-centred pathway for emerging and early-career dance practitioners who want to deepen their creative practice while engaging meaningfully with health, community, and socially responsive dance work.

Rooted in LPM's long-standing commitment to inclusive practice, collaboration, and artistic excellence, the programme supports apprentices to develop their own artistic voice while gaining hands-on experience across multiple strands of professional work.

What the programme offers

A Space for Creative Practice and Choreographic Development

Apprentices are given dedicated time, mentorship, and studio space to explore their creative interests. Through guided research, choreographic labs, and collaborative processes, participants will develop new work that reflects both their personal artistic trajectory and LPM's ethos of accessibility, curiosity, and community connection.

Dance, Health, and Social Impact

A core pillar of LPM's programme is the integration of dance and health. Apprentices will engage with LPM's partners and work across the health and wellbeing sector, including our Neuro-Moves programme.

Participants will gain insight into designing and delivering movement experiences for audiences.

Pedagogy and Teaching Practice

The apprenticeship includes a strong pedagogical strand, offering training in inclusive teaching methods, session design, and facilitation skills.

Participants will:

- Shadow experienced practitioners
- Lead sessions with support
- Reflect on their developing teaching identity

International Connections and Professional Training

LPM's international network enriches the programme with global perspectives. Apprentices may have opportunities to engage with partners such as the Limón Company in New York, accessing contemporary and modern dance training, teacher training pathways, and research opportunities.

Responsive, Individualised Pathways

Each apprenticeship is shaped around the artist's own area of interest. Whether focused on:

- Choreography
- Community practice
- Performance
- Health-based work
- Interdisciplinary exploration

LPM will tailor mentorship to support apprentices in designing and delivering a project aligned with their artistic progression.

lpmdance.com/auditions

